

The LCP Coaching Wheel

Need a 'roadblock buster' for your goals?

1 Write your goal in the white circle.

2 Explore the 4 P's:

What are the positives?

What's working well? What I have I learned? What strengths can I leverage?

What are the possibilities?

What ideas would I try if there were no constraints?

What's my plan?

What do I need to start doing, or stop doing?

What will I commit to?

What will I measure to make it sustainable?



3 Using the *5 Leadership Anchors™*, ask some deeper questions:

- Am I surrounding myself with the best people?
- Do I understand how to motivate others to support me?
- Does my approach align with my values?
- Am I 'playing it safe' with my decisions?
- What is one thing that would transform the outcome?

4 Identify which of your strengths and values would support the achievement of your goal.



For more tips and information on helping you to achieve your goals, visit www.lcp-global.com

